

**Kingsthorpe State School P & C Association**  
*Tuckshop Menu Term 4 - 2009*  
**Amber Food & Green Food – Smart Choices Options**

### Morning Tea 11-00am to 11-20am

*Category:*

Green	Sao Biscuit (2) with Vegemite	\$0.75
Green	Sao Biscuit (2) with Vegemite & Cheese	\$1.00
Amber	Lamington	\$1.00
Amber	Pikelets (2) Jam & Butter	\$0.80
Amber	Nuggets (4)	\$1.50
Amber	Party Pie	\$0.80
Amber	Party Sausage Roll	\$0.80

**Snacks**

Amber	Ovalteenies	\$0.70
Amber	Nutella	\$0.50

**Drinks:**

Green	Chocolate or Strawberry Milk (250ml)	\$1.30
Green	600ml Water	\$1.00
Amber	Juice (Tropical or Apple)	\$1.30
Amber	Sportz Water (500ml) ( <i>Apple Raspberry, Berry Kiwi, Lemonade &amp; Blackcurrant</i> )	\$2.00
Amber	Sportz Water (350ml) ( <i>Lemonade &amp; Fruit Fix</i> )	\$1.60
Amber	Aroona Spring Fruits Water (350ml) ( <i>Cola &amp; Orange</i> )	\$1.60

**BROWN BAGS 0.05c**

### Big Lunch 1-00pm to 1-45pm

*Category:*

Green	Ham/Chicken Salad Roll / Wrap ( <i>Cheese, beetroot, carrot, lettuce, tomato</i> )	\$3.00
Green	Salad Box – Ham/Chicken/Crumbed Fish ( <i>Beetroot, tomato, egg, lettuce, cheese, carrot &amp; Mayo</i> )	\$3.00
Green	Egg & Lettuce Roll / Wrap	\$2.00
Green	Frozen Yogurt – Strawberry	\$1.40
Amber	Mini Dagwood Dogs	\$1.20
Amber	Crumbed Fish & Wedges	\$3.50
Amber	Wedges – Sour Cream / Gravy	\$2.50
Amber	Hot Dog with Cheese	\$2.50
Amber	Hot Dog	\$2.20

**Drinks**

Green	Chocolate or Strawberry Milk (250ml)	\$1.30
Green	600ml Water	\$1.00
Amber	Juice ( <i>Tropical or Apple</i> )	\$1.30
Amber	Sportz Water (500ml) ( <i>Apple Raspberry, Berry Kiwi, Lemonade &amp; Blackcurrant</i> )	\$2.00
Amber	Sportz Water (350ml) ( <i>Lemonade &amp; Fruit Fix</i> )	\$1.60
Amber	Aroona Spring Fruits Water (350ml) ( <i>Cola &amp; Orange</i> )	\$1.60

**Snacks (available after big lunch bell and until 1:30pm)**

Green	Icy Mony ( <i>Sour Red Raspberry, Sour Blue, Chocolate, Cola &amp; Vanilla</i> )	\$0.50
Green	BBQ Jumpys	\$0.70
Amber	Ovalteenies	\$0.70
Amber	Burgermen	\$0.70
Amber	Nutella	\$0.50

**BROWN BAGS 0.05c**

**NB: Children must bring bags back to collect snacks that have been ordered.**